

Surgical and Cosmetic Dermatology of Rhode Island
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Your wound has not been stitched; it will be healing by what is called "second intention". This means it will be healing on its own. Because the wound is not stitched together, you will see bloody (pink/red) drainage on the bandage until the wound is completely healed. This may take several weeks. This is normal and expected. Please Be Patient.

Today:

1. Apply ice (on and off) to the area to reduce swelling, bruising and discomfort.
2. Tylenol may be taken to relieve minor discomfort.
3. Restart your Aspirin on _____

Restart your Coumadin or Plavix on _____

4. Do Not Go To Work Today

Tomorrow:

1. Remove the dressing
2. Shower as usual
3. Dry the wound
4. Apply a thin layer of ointment (circle choice) Bacitracin/Aquaphor/Bactroban
5. Cut a piece of **Vaseline gauze** to the size of the wound and apply

The wound should be completely covered by the Vaseline gauze

6. Cover the gauze with more of the (above circle) ointment 3-4 times each day

Do not change the Vaseline gauze each time, just re-apply more ointment, this will prevent the wound from drying out

7. Repeat daily

It is very important that the wound not be allowed to dry out. By following these instructions carefully, the healing process will not be delayed.

If you have any questions or experience any difficulty, please call the office.

My name is _____ I'll be happy to assist you.

If there is a problem after office hours, please listen to the phone message and follow the directions given.

Return follow up visit in _____ week(s)